Macleod P - 12 College

Newsletter Issue 13, 13th September, 2017

COLLEGE UNIFORM

Summer uniform is compulsory from the beginning of Term 4. Blazers must be worn to and from school.

PUPIL FREE DAY - MONDAY 9th OCTOBER PROFESSIONAL DEVELOPMENT FOR STAFF OSHC AVAILABLE - PLEASE BOOK BY SEPTEMBER 15th STUDENTS RESUME TUESDAY 10th OCTOBER

YEAR 7 - 12 INTERIM REPORTS AVAILABLE ON COMPASS **TUESDAY 19th SEPTEMBER**

Principal's Report Parent/ Teacher Interviews

Thank you to the large number of parents & guardians that attended the recent Parent/Teacher interviews. If you were unable to attend please email your child(ren)'s teachers if you have any concerns. Year 7 - 12 Interim Reports will be available on COMPASS on Tuesday 19th September.

Over four days this week students will take part in the following activities -



Year 9 City Experience

The 'City Experience Program' is specifically designed for students at this particular year level and supports their work in a number of subjects.

- Art Tour
- City Discovery Tour
- MCG & Sports Museum
- Old Melbourne Gaol
- Completed a Scavenger Hunt around the CBD
- Salvation Army Youth Homeless City Tour
- Queen Victoria Gardens Science Activities

The students will then use the knowledge gained from the 'City Experience' to complete an assignment.

SAFEMinds

Thank you to those families who attended the recent SAFEMinds Information Evening. It was a very informative evening to learn about early detection and support for young people through the SAFEMinds mental health training currently being introduced to schools and families. If you were unable to attend the evening, but would like more information, please contact the General Office for an information pack.

College Principal: Mario Panaccio College Council President: Don Anderson Assistant Principal: Michelle Wallis Prep - 6 Leader: Karen Butterworth College Captains: Rayanne Margi, Jasmin Voykovic (Secondary) Alexandra Saveski, Keelan Russell (Primary) MACLEOD COLLEGE CARWARP STREET MACLEOD 3085

CALENDAR

SEPTEMBER

Monday 11th - Thursday 14th **Year 9 City Experience**

Tuesday 19th Year 7 - 12 Interim Reports Available on COMPASS

Wednesday 20th 6.15pm College Council

Friday 22nd End of Term 3 - 2.20pm finish

OCTOBER

Monday 9th STAFF PROFESSIONAL **DEVELOPMENT DAY -PUPIL FREE**

Tuesday 10th Students resume for Term 4

Tuesday 17th 6.30pm VET Enrolment Information Evening

Friday 20th Last Day Year 12 Classes **Year 12 Valedictory Dinner**

Monday 23rd Year 12 Final Assembly -2017/2018 Leadership Announced Year 7 & 12 Breakfast

COLLEGE TOURS

September Tuesday 19th 3.30pm Secondary

If your child is absent from school please record their absence by: calling 9457-0207 or emailing

absence@macleod.vic.edu.au

2017 Principal for a Day

Last Thursday, 7th September Macleod College hosted a "2017 Principal for a Day", Leone Knight, General Manager of fine music community radio station 3MBS.

Leone had a tour of the College and met with the Leadership Team. She also observed a Prep /1 Positive Education lesson with Bree Harris & Jessica Cole, attended Year 7 Literacy Groups and held a discussion with a cross-section of students.

Staff Professional Development

Monday 9th October, first day of Term 4 will be a pupil free day. Staff will be involved in Professional Development. **Students will resume on Tuesday 10**th **October.**

Compass School Manager – On-line Payments

Macleod College is excited to inform you of a new feature in Compass School Manager – On-line Payments.

As of **Monday 9 October 2017** for all upcoming school events which include excursions, incursions and/or camps you will be able to view, consent and make secure card payments via Compass.

The 2018 College levies or course confirmation, including Music fees associated with your child/children will also be accessible from late November 2017.

For each type of event or new payment you will be notified via a link which will be visible on your Compass dashboard. By selecting the link you will see the details of the event, consent and payment required.

Many parents have been asking for this option and we hope that it will make it easier, quicker and eliminate the need for a paper consent form.

We will still continue to take limited cash payments or CSEF enquiries at the General office, as required.

As a reminder, there are many capabilities of Compass and here are some of the functions available at Macleod College:-

Parents can...

- Keep up to date with school news
- Check attendance
- Log or approve absences
- Make <u>online payments</u> and give permission for participation in school events
- Communicate electronically with staff.
- Parent/Student/Teacher Conference bookings
- View semester reports
- View learning tasks
- View NAPLAN results

Students can...

- View a live timetable including any excursions, room changes, etc
- Access resources provided by teachers
- Access, submit and receive feedback on learning tasks
- Keep up to date with school news.
- Learning tasks
- View semester reports
- View NAPLAN results

Teachers can...

- View a live timetable including any excursions, room changes, etc
- Upload resources for students
- Collect and provide feedback on assessment tasks
- Keep up to date with school news
- Plan school events
- Book resources.
- Set learning tasks
- Submit semester reports

For this to be successful, please ensure that your email details are updated in Compass or alternatively contact the General office on 9459 0222 and provide your details over the phone.

If you are experiencing any difficulties or need support accessing a computer, please contact the school office.

We are looking forward to your support as we embark on this next phase of Compass School Manager.

Mario Panaccio Principal

Year 8 Science

Year 8 Science students planting out the cuttings they made last term as part of their unit on Reproduction.



Emma Kakoschke



Year 7 & 8 Health - Term 4

All Year 7 and 8 students should have brought home letters last week referring to their Health topics in Term 4.

Year 7 students will be covering Puberty & Change addressing concepts such as:-

- physical, social & emotional changes during puberty
- · reproductive systems
- the menstrual cycle

Year 8 students will be covering Puberty & Reproduction addressing concepts such as:-

- physical, social & emotional changes during puberty
- · reproductive systems
- the menstrual cycle
- sexual decision making
- Contraception

If you have any questions or concerns please contact me on 9459 0222 or via email fazio.keren.l@edumail.vic.gov.au.

Keren Fazio - Head of Learning - Health

NMR Athletics

The following students represented Macleod College at the Northern Metropolitan Region Athletics last Wednesday 6th September:-

Kane Simmons

Caleb Adekoya

Eddie Lee

Owen Gao

Jason Shi

Patrick Pusztai

Angus Campbell-Burns



David Crowe - Sports Co-ordinator

Food Technology

A reminder that all students doing food technology, patisserie or creative cakes, currently, should have paid their contribution toward the cost of ingredients or made an arrangement to pay by instalments.

Costs are:-

Year 8 \$50.00 Years 9 & 10 \$80.00

Keren Fazio - Food Technology

Community

Certificate III in Education Support (Teacher's Aide) - CHC30213 - October 2017

This qualification will give you the skills and knowledge to provide assistance and support to teachers and students in a range of educational settings. This includes early childhood education, as well as Primary, Secondary and Special schools.

Graduates work as education assistants/teacher aides and support workers (working with children with disabilities)

Location: Merrilands Community Centre, Reservoir Days & Times: Monday—Starts 16th October 2017, 9.15am —3.15pm

Duration: 24 sessions , 2 workshops + 100 hour practical placement. (Excludes Public & School Holidays)

Cost: Concession: \$180, Full: \$900, Fee For Service—Conc.: \$2,685 (limited places) + Service & Amenities Fee

Ring PRACE on 9462 6077 or visit our website: www.prace.vic.edu.au

Macleod Shopping Tour 2017



Saturday October 7, 2017 at 7:45 am to 5:00 pm

Please join us for a fun day of shopping and morning tea and 2 course lunch. Cost is \$70.

We will be leaving from OPEN HOUSE Madeod - Chr Strathallan Road and Carwarp Street at 8am sharp - so we need you to be there by 7.45am.

ITINERARY:

*AUSLUGGAGE - Keilor - Luggage, handbags, wallets

*FOOTSCRAY FASHION BAZAAR - Footscray - Clothing - including ladies larger sizes including brands such as Autograph and City Chic - (Formally called Beaches or 1999)

*THE LINEN FACTORY - Brunswick - Manchester, pillows, towels etc



MORNING TEA

*BAMBIS - homewares with brands such as - Salt & Pepper, Curtis Stone, Fourwalls and Bobble *DIANA FERRARI - shoes, clothing and handbags IVANHOE HOTEL - 2 course LUNCH

*NATIO - Cosmetics, gift packs *SOCIAL CLUB BOOKS - Books

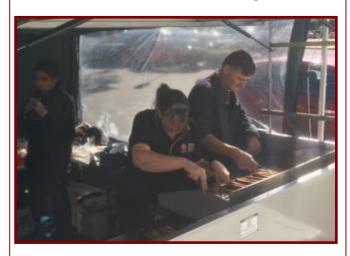
*CHRISTMAS ELVES - Preston - Christmas trees, lights and decorations *ROSS'S NUTS - Preston - Nuts, Ioilles, chocolates

Call Julie Devine on 0425 717 855 to book your seat and to arrange payment.

Profits will support the programs at Open House, Strathallan Road, Macleod. More information is available about Open House Programs on the day of the shopping tour.



Basketball Fundraiser BBQ at Bunnings Northland





2018 C.A.S. Hawker Scholarships

The 2018 C.A.S. Hawker Scholarships open on Monday 4th December and close on Friday 5th January 2018. They are one of the most generous privately funded scholarships available to undergraduate students in Australia. Each residential scholarship is valued at up to \$50,000 over three years.

Information about the Scholarship and an application form are available at www.hawkerscholarship.org or by contacting the secretary to the Trustees on 08 8127 1654.

The Charles Hawker Scholarship perpetuates the memory of scholar, soldier and pastoralist **Charles Allan Seymour Hawker** and commemorates the achievements of one of Australia's most respected statesmen.

The scholarships are available to all Australian students. The majority have been awarded to students entering their first year of university first year of university study.

Selection is largely based on personal qualities and demonstrated leadership as well as academic ability. Undergraduate Hawker Scholars are able to attend a range of Australian educational institutions.

IELC - Intensive English Language Centre

Excursion to National Gallery of Victoria

Prompt: On Thursday 24th August the Intensive English Language Centre went on an excursion to the National Gallery of Victoria. We visited an exhibition called Brave New World......

I had an interesting day because we went to Flinders Street Station by train. This is the first time I went to the city. There were so many people at the station and the pathway was crowded. In the gallery, I saw lots of wonderful art work and we had lunch at Federation Square. We fed the pigeons and I played chess with my friend Ben.

Peilin WANG, year 10

I had an interesting day because I had fun with my friends and we took many photos. We laughed and ran outside and enjoyed the artwork. We had lunch together and we didn't have any homework.

Bing CAI, year 9

I had an interesting day because this day was my first day to go somewhere by train. Also it was the first time I went into the city centre. NGV had a lot of paintings and some of them were fancy. After that, I play giant chess with my friend Peilin, but I lost. The birds on the ground were very lovely. There was a big strange building next to the NGV, I think it was a church.

Ben CHEN, year 8

I had an interesting day because I had lunch with my friend Bing at McDonalds. However, my teacher did not allow me to go home form Flinders Street. So I had to go back to Macleod Station then go back to the city. Next time I will bring a note giving me permission to go home from the city. I saw many strange artworks. You know, the more strange the more famous.

Tony SHI, year 8

I had an interesting day because the exhibition let me know a lot about art. And I say my sister in the city too. There are man artists on exhibition, it was very beautiful. The artists are all very smart and they also have their own ideas. The lecture gave me much knowledge about the Brave New World Exhibition. Although this day was very busy and tiring, I was still very happy because I enjoyed a good day out of school with my classmates.

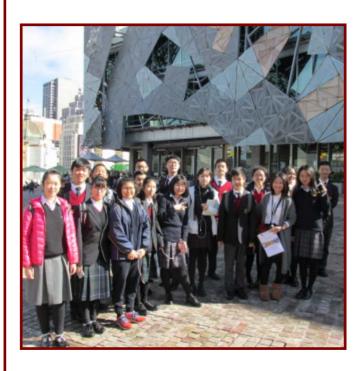
Lulu XIAO, year 9

I had an interesting day because we see many paintings and many pictures there. They are all very beautiful. I like them very much. Then we had lunch outside the gallery. When we were eating, many birds came close to us. We gave them some food. It was fun. We had a good day.

Hellen CHENG, year 7

I had an interesting day because I was able to widen my knowledge. I say special art and a lot of things from Australia's past. I had fun with my friends and became more close to them. We ate outside at Federation Square and played chess and took many photos.

Anne NGUYEN, year 10





IELC - Intensive English Language Centre





German Christmas Market

How lucky we are at Macleod College to have the enthusiastic support of members of our local community, many of whom came along to our German Christmas Market in August.

We were blown away by the number of people who attended our first wintery market. Our hard-working Year 7 and 8 students spent months preparing for the market, designing shopping bags, creating props for the Photo Booth, planning a cafe, organising second hand goods to sell, sourcing plants and decorations. Their work paid off on the night, with G-Block transformed into a true German market experience, with the stalls glowing with fairy lights and smelling of delicious baked goods.

Our visitors decorated gingerbread men, tried German pretzels, sausages, cakes and Glühwein (mulled wine), purchased goodies, plants and postcards, listened to musical performances and taking funny photos.

We are already looking forward to the 2018 German Christmas Market and would like to invite you all along to have a little taste of Winter in Germany.







Frances Holl - German Department

Career News

SEPTEMBER

- 13, 14: Portfolio Information Evenings, Deakin University, Geelong Waterfront (13), Melbourne (14), http://bit.ly/2wVnfDB
- 16: Careers and Creativity Day, Monash Art, Design and Architecture Faculty, Monash University, Caulfield campus, http://bit.ly/2imDq7j
- 17: Law and Justice Open Day, Victoria University, http://bit.ly/2vYaENr
- **25 28: ConocoPhillips Science Experience**, Federation University. Ballarat: 25 26 and Gippsland: 26 28, http://bit.ly/2ap3Cau
- 26, 27: Nuclear Medicine Workplace Visits, RMIT, http://bit.ly/2xFW4tF
- 28: Science in City Lab Tour, RMIT, City, http://bit.ly/2wbb7gN

UPCOMING CAREER EVENTS

Advice nights at Swinburne University: Year 12 students and their families are invited to attend the following advice nights at Swinburne to learn about the VTAC application process, courses at Swinburne and scholarships:

11 September: advice about nursing, apprenticeships and vocational courses

13 September: advice about university courses.

For information and to register, go to http://bit.ly/2xqdUkZ

Portfolio Information Evenings at Deakin University: If you have applied for a course that requires a portfolio, you can attend an information evening to find out more about the selection process and portfolio requirements. Dates in September are: Geelong Waterfront – 13th and Melbourne – 14th. For information and to register, go to http://bit.ly/2wVnfDB

Monash University, Careers and Creativity Day: At this event, you will be able to find out about the varied careers in art, design and architecture and participate in a group project exploring one of the following Monash courses:

- Interior Architecture/Architecture
- Art History and Curating/Visual Art
- Communication Design
- Industrial Design
- Fine Art

The event will be held Saturday 16 September at the Caulfield campus. For more details and to register, go to visit http://bit.ly/2imDq7j

VOCATIONAL & HIGHER EDUCATION NEWS

Are you creative? Do you love working on computers? Do you enjoy media? You may be suited to studying digital media. IT, coding, design and multi media skills are currently in demand and will continue to be desired workplace skills in the future. The following are examples of digital media courses you can study at Victorian institutes:

- Bachelor of Design (Digital Media), RMIT: http://bit.ly/2bQKzrJ
- Bachelor of Design (majoring in Digital Media Design), Swinburne University, http://bit.ly/2bApAc1
- Bachelor of Digital Media, Macleay College, Melbourne, http://bit.ly/2cpDH6U
- Bachelor of Communication (Digital Media), Deakin University, http://bit.ly/2wVrMWr
- Bachelor of Design (Digital Technologies), Deakin University, http://bit.ly/2wVrMWr

Passionate about Information Technology? The following three universities offer Bachelor of Information Technology Industry Scholarship programs:

University of Technology Sydney: The scholarships are worth \$49 500 each and recipients have had a 100% employment success rate post graduation. Round 1 applications close on 3 September, http://bit.ly/1LF067s

Swinburne University: recipients receive 40 weeks of industry experience and a \$40 000 industry funded scholarship, http://bit.ly/2bG8LuW

La Trobe University: students who receive entry into the Bachelor of Information Technology (Professional) receive an annual scholarship and depending on the campus (Melbourne or Bendigo), a year of paid industry experience, or a \$20 000 industry based scholarship, http://bit.ly/2bzgTLy

CSU is searching for their 2018 engineering students: Charles Sturt University offers an engineering program that is unique in Australia. Students undertake a Bachelor of Design Technology/Master of Engineering over 5.5 years. They complete the first 18 months at the Bathurst campus (NSW), then complete the rest of their studies as a paid student engineer over four year-long placements. They will accept only 30 students and are looking for entrepreneurial young people who want to change the world, https://bit.ly/1MlmaPY

Interested in studying medicine in the future? UNSW recently held an information session about their medicine program. To watch the session, go to http://bit.ly/2wi3ns2

Are you an Elite Athlete? Did you know that some universities have entry schemes that enable you to receive bonus aggregate VCE/HSC or ATAR points and/or additional consideration through the selection process? The following are examples of universities that offer bonus schemes:

University of Melbourne, http://bit.ly/2bXqxMh
La Trobe University, http://bit.ly/2bP9VI3
Australian Catholic University, http://bit.ly/2bP9VI3

Interested in Marine Science? Marine Science and Marine Biology courses are offered at the following institutes in Victoria, Tasmania and Canberra:

- University of Tasmania, http://bit.ly/2vvMDfL
- Deakin University, Warrnambool and Geelong Waurn Ponds, http://bit.ly/2bAvUQU
- University of Melbourne, http://bit.ly/2bHlBch
- Australia National University, Canberra, http://bit.ly/1e0fHSY

New Bachelor of Medical Engineering (Honours) degree at the University of Newcastle: From 2018, students will be able to study this exciting new degree and specialise in one of the following four areas – medical devices, medical biomechanics, medical signal analysis and medical computing. For information, go to http://bit.ly/2wiaxwe

New courses and majors at Deakin University:

New Genomics major: From 2018, students will be able to study a major in genomics in the Bachelor of Science. Genomics is the study of the genetic code of plants, animals and bacteria. This major provides an introduction to the nature of genes and genomes, how they are structured, function and evolve. Students will also learn about DNA sequencing and analysis and how an understanding of genomics relates to human health and wellbeing, the environment, biodiversity management and food production systems, http://bit.ly/2xGdxSO

New Medical Genomics major: Students will be able to study this within the Bachelor of Biomedical Science. Students will examine core genomics areas, including medical and human genomics, comparative genomics, microbial and forensic genomics, biotechnology and phylogenomics. Students will also gain a solid understanding of associated methodologies, including Next Generation Sequencing, high throughput genotyping, metagenomics, small RNA and transcriptome analysis, http://bit.ly/2xGdxSO

New Bachelor of Design (Digital Technologies): This new course combines software design, immersive virtual reality and augmented reality experience design, mobile app design, web design and creative arts design skills to support employment outcomes that differ from those of traditional IT or creative arts degrees, http://bit.ly/2vwisVs

New Food and Agribusiness major: From 2018, students will be able to choose this major in the Bachelor of Commerce at the Warrnambool campus. Students can enrol in 2018 and specialise from 2019. There is a clear demand for tertiary-qualified graduates to fill a variety of business and management roles in food, fibre and agribusiness, http://bit.ly/2wV7xby

The Bachelor of Information Technology has been revamped to ensure students acquire a core set of information technology (IT) skills that are relevant in almost every industry, including programming, human computer interaction (HCI), user experience (UX) design, constructing IT solutions and entrepreneurial thinking. These changes will come into effect from 2018, http://bit.ly/2dKmFz1

Australian Apprenticeship Pathways: You will be able to undertake apprenticeship aptitude tests, find local apprenticeship and group training centres, and learn about different trade occupations, www.aapathways.com.au/

Defence Jobs: trades in the Defence Force, www.defencejobs.gov.au/

Automotive Technical and Parts Apprenticeships: Vantage Automotive Pty Ltd invite students from all over Australia to apply for their Modern Apprenticeship Program. Successful students will undertake their apprenticeship at a dealer of their choice and be flown to Melbourne or Sydney for block training. To find out about the application process, the program, and to view a list of dealers, go to www.vantageautomotive.com

Do you need a White Card? If you would like to undertake work experience or work in the construction industry, you will need to complete occupational health and safety induction training. To prepare for this, you can undertake the 'White Card Game'. Through an online first person perspective, the goal of the game is to identify, control and report workplace hazards on a construction site without getting injured or causing the death of workmates. Go to www.whitecardgame.com.au/

Apprenticeships: Applications for Cummins Electrical and Mechanical Apprenticeships - http://bit.ly/2wVC09x and Essential Energy Electrical Apprenticeships - http://bit.ly/2xnTzvF are now open.

Would you like to become a psychologist? You will need to start your education by studying a Bachelor degree with an Australian Psychology Accreditation Council (APAC) approved major in psychology. Not all psychology majors are approved by APAC, so you will need to contact the institution you would like to study at to double check. For more information, go to http://bit.ly/2xqsTeQ

Careers in Psychology: Deakin University has developed an excellent website showcasing different careers in Psychology. Go to http://bit.ly/2wLNAof

Julie Pilioglou - Careers

Sustainable Macleod & the

Macleod Organic
Community Garden

presents...

This week's offer

Spring is sprung!



Now spring is truly here we can indulge ourselves and run amok in the vegie garden.

In early spring, the soil temperatures remain quite cool, so it is still early to put in warm season vegies as these will not grow well until

the soil temperatures are around 20 degrees, which happens once the days are consistently above 20 degrees and the nights are higher than 10 degrees. If you have a greenhouse the warmth-loving seedlings, such as cucumber, tomato, basil, eggplant, pumpkin and eggplant can be raised from seed or seedlings in this snug environment to get off to a head start. Cooler season crops such as lettuces, silver beet and spinach can all be planted out now so they will be able to be harvested whilst the longer-term crops are growing

The Macleod Organic Community Garden is open Wednesdays, 1 – 3pm and Saturdays, 1 – 5pm Entrance Somers Ave (Rear of Macleod College)

New members welcome!

For more information, contact sustainablemacleod@gmail.com

Be Creative. Have Fun. Learn Coding

School Holiday Programs

Build your own video game in three days!

At Coderspace, we teach young children how to create and code their own video game. From designing levels, creating bad guys and making the player move, your game is created from scratch giving your child complete freedom over every aspect.

We have three-day school holiday programs running during the upcoming school holidays which cater to children with some or no computer programming experience. This is a great opportunity to allow your child to complement their studies with a new and interesting skill whilst tapping into their inner creative genius!

The program will run at Ivanhoe Grammar School (Ivanhoe Campus).

For More information

Email us at Contact@Coderspace.com.au

Or visit our website www.Coderspace.com.au



Program dates and details:

WEEK 1

Monday 25th September Arts and Craft

<u>Time:</u> 9:30am - 4:00pm Cost: \$25 or \$20 (HCC)*

Tuesday 26th September Cooking Fun

<u>Time:</u> 9:30am - 4:00pm <u>Cost:</u> \$30 or \$25 (HCC)*

Wednesday 27th September Amazing Race

<u>Time:</u> 9:30am - 4:00pm <u>Cost:</u> \$25 or \$20 (HCC)* <u>Limited to 12 children</u>

Thursday 28th September Movie Day

<u>Time:</u> 9:30am - 4:00pm <u>Cost:</u> \$25 or \$20 (HCC)* <u>Limited to 12 children</u>

WEEK 2

Monday 2nd October Laser Tag

<u>Time:</u> 9:30am - 4:00pm <u>Cost:</u> \$25 or \$20 (HCC)* Limited to 12 children

Tuesday 3rd October Zoo Outing

<u>Time:</u> 9:30am - 4:00pm <u>Cost:</u> \$25 or \$20 (HCC)* <u>Limited to 12 children</u>

Wednesday 4th October Science Day

<u>Time:</u> 9:30am - 4:00pm <u>Cost:</u> \$25 or \$20 (HCC)*

Thursday 5th October Sports Day

Time: 9:30am - 4:00pm Cost: \$25 or \$20 (HCC)*

Friday 6th October Fun with Water and Food <u>Time:</u> 9:30am - 4:00pm <u>Cost:</u> \$25 or \$20 (HCC)*







PLEASE NOTE:

- Discount only applies for health care card holders (HCC).
- Children are required to bring their own lunch each day of the program.
 Healthy snacks will be provided.
- Drop off and pick up from Open House, Macleod.

For further information or to make a booking, please contact Tim or Mel on 9450 7600 or email:

twomersley@openhousecic.org.au mazzopardi@openhousecic.org.au



BECOME AN INTERNATIONAL FAMILY IN 2018!

Hosting overseas students promotes an exchange of cultures, languages and traditions and will enrich your family's lifestyle. Students, aged 15-18, are wonderful role models for Australia's future generation. Become a volunteer host family with WEPI



1,463 x Aussie families hosting 10,000 x Tim Tams consumed Countless memories made

"Our daughter has a big sister now, someone to talk to other than mum or dad! If you're thinking about hosting, do it! It's the most rewarding experience for your family!" Nicole, three-time host mum.



WEP.ORG.AU INFO@WEP.ORG.AU 1300 884 733



Come & Try! Little Athletics

Watsonia Rockets is a community not-for-profit sporting club which champions young people through building confidence and strengthening relationships.

All children aged 5-15 years old are welcome to "Come & Try" Little Athletics!

Special Offer for New Members

Place: Willinda Park Greensborough

Time: Saturday mornings

More information: Sandy Crothers - 0408 363 045 or

info@watsonialac.org.au

Come & Try weekend: 16th & 23rd September from 8.30am.

Please pre-register before at: www.lavic.com.au Select the option to pay later as Come & Try is **free**.

www.watsonialac.org.au www.dvlac.com.au/watsonia.html





YouthFest Sunday 17 Sept

Macleod Park, Burwood Ave 12noon - 5pm

Live music, henna, body art, skate, roller derby, rides, food, sports, stalls, clothing swap and much more!

Check out www.youthfest.com.au FREE

\$3 Slide night Friday 22 Sept

WaterMarc, 1 Flintoff St, Greensborough 6 - 9pm

Unlimited slides, swimming, temp tatts, photo booth & DJ. For 12-17 years

\$3 entry for 12-17 years (other ages can attend at normal prices)

10 pin bowling Monday 25 Sept

Greensborough Lanes, 445 Grimshaw St, Bundoora 11:30 - 2pm

We are going bowling. Limited numbers - Healthcare card holders are a priority. You MUST register your interest. To register go to www.banyuleyouth.com

REE

Rainbow Space -Movie event Thursday 5 Oct

Jets, 2/24 The Concord, Bundoora

Free movie screening, pizza & popcorn. This is a safe and inclusive event for LGBTIQ young people; their friends and allies. For more info call Banyule Youth Services on 9457 9855

FREE

Come & Try @ Jets Wednesday 4 Oct

Jets, 2/24 The Concord, Bundoora Ham-2pm

We are opening Jets just for 12-15yr olds - come and check out Jets. Have a go at DJing on the decks, be creative with technology, play an instrument. Neve some lunch. For more info call, lets on 9998 8000.

No experience necessary

FREE

"Captain Underpants" Sensory Friendly Film Sunday 15 Oct

Greensborough Hoyts Session starts @ 10:30am

This screening is targeted for those on the autism spectrum and their friends & family. You are free to make noise and move around, lights remain on or dimmed and the sound is lowered. To book call Greensborough Hoyts on 9206 9954.

\$8 tickets

What's On

Parenting Seminar



About Kid's Feelings: Developing Emotional Intelligence

What is covered?

- Why feelings matter
- How parents can help children understand and manage their feelings
- Ways to support your child's emotional development
- Helping children deal with frustration

This practical seminar is suitable for parents with preschool or early primary school aged children. It will assist you in developing your child's emotional intelligence.

Children with higher emotional intelligence:

- Cope with their feelings
- Have greater success with making and keeping friends
- Bounce back from adversity
- Are more able to calm down when upset or angry

Emotional intelligence may be a better predicator of academic and career success than IQ!



Where: healthAbility,

917 Main Road, Eltham

When: Monday 30th October 2017

Time: 7pm sharp (finish by 8.45pm)

Cost: \$20 per person (\$10 for health care card holders) or \$30 per couple

Booking: Essential - return completed

application form

Register your interest

Please contact Joan Lauricella, Family Support Worker, at Joan.Lauricella@healthability.org.au or

Phone: 9430 9100



Inspiring people and communities to be healthier and inclusive

healthability.org.au

T (63) 9430 900 F (63) 9431 0339 healthability organia Health Service Ltd. ABN 32 180 310 839

Parenting Support



Do you have a child under the age of 12 and need support with parenting?



Would you like to:

- · Enjoy parenting more?
- Address concerns about your child's behaviour?
- Use positive parenting strategies to improve your child's behaviour?

Help is available through a Family Support Worker who will help you learn new skills to better manage your child's behaviour. The Family Support Worker can assist families in dealing with:

- Tantrums
- Bedtime problems
- Mealtime difficulties
- Children not following instructions
- Aggression towards parents, siblings and others or
- · Other areas of concern

How to access the Family Support Worker

Referrals to the Family Support Worker can be made by contacting our Service Co-ordination team at healthAbility on Ph 9430 9100 between 9am and 5pm Monday to Friday.



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