Macleod P - 12 College



Newsletter Issue 1, 9th February 2017

FOR STUDENT SAFETY, STUDENTS ARE NOT TO BE DROPPED OFF OR PICKED UP FROM THE COLLEGE STAFF CAR PARK

> COLLEGE CANTEEN **OPEN WEDNESDAYS, THURSDAYS & FRIDAYS**

> THURSDAY 9th FEBRUARY - 6PM YEAR 7 CAMP INFORMATION EVENING & BBQ

School Council of Macleod College Notice of Election and Call for Nominations

An election will be conducted for membership of the School Council of Macleod College. Nominations will open Monday, February 27th and close at 4pm on **Monday, March 6th.** There are 3 parent category vacancies for a 2 year term each. Nomination forms will be mailed out to all families the week beginning February 20th and will also be available from the General Office at the school from Monday. February 27th.

Nominations must be lodged at the General Office by 4.00pm on Monday March 6th 2017.

Principal's Report

I hope that everyone had a wonderful summer break and ready for another busy year in 2017. Welcome back to students and staff and a very warm welcome to all our new staff and students. Macleod College has a wonderful community and we hope that you will benefit greatly from being part of it.



Insurance

The Department of Education and Training does not provide personal accident insurance or ambulance cover for students. Parents and guardians of students, who do not have student accident insurance and ambulance cover, are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance/transport and any other transport costs.

Student accident insurance/ambulance cover policies are available from some commercial insurers and can be obtained by parents/quardians for individual students.

PLEASE REMEMBER:-

Private property brought to school by students, staff or visitors is not insured and the Department does not accept any responsibility for any loss or damage.

> College Principal: Mario Panaccio College Council President: Nicholas Abbey Assistant Principal: Michelle Wallis Prep - 6 Leader: Karen Butterworth College Captains: Rayanne Margi, Jasmin Voykovic (Secondary)

Alexandra Saveski, Keelan Russell (Primary)
MACLEOD COLLEGE CARWARP STREET MACLEOD 3085 TELEPHONE 9459 0222 **FACSIMILE 9458 1878** macleod.co@edumail.vic.gov.au www.macleod.vic.edu.au

CALENDAR

FEBRUARY

Thursday 9th 6pm Year 7 Camp **Information Evening & BBQ** 7.30pm New Parent Music **Information Session**

Monday 13th 3.30pm - 6pm **Primary Meet & Greet Interviews**

Mon 13th - Wed 15th Year 7 & Year 12 Camps

Thursday 16th 3.30pm - 5.30pm **Primary Meet & Greet** Interviews

Friday 17th **SCHOOL PHOTOS**

Thursday 23rd **Senior Round Robin** 5pm - 7pm Primary Family Picnic - Macleod Park

Monday 27th SWIMMING CARNIVAL

MARCH

Wednesday 1st Prep/Year 9 Breakfast Year 7 Excursion - Museum

Friday 3rd Year 10 Excursion -**Holocaust Museum**

Monday 13th LABOUR DAY

Monday 20th **Year 7 Round Robin**

Tuesday 21st **Year 10 Excursion - Museum**

Wednesday 22nd Year 7 Immunisations

Wednesday 29th **Athletics Day**

Friday 31st End of Term 1 - 2.20pm finish

If your child is absent from school please record their absence by: calling 9457-0207 or emailing

absence@macleod.vic.edu.au

Storm Damage

Macleod College sustained substantial water damage during the pre New Year storms. We had many tradesmen working throughout the holidays and every effort was made to have everything fixed before the start of the school year. However, some areas in the Art block and canteen still require further work and this will be rectified as soon as possible.

Year 7 & Year 12 Camps

The Year 7 & Year 12 Camps are being held at 'The Summit' next week from Monday 13th - Wednesday 15th February. I will be attending along with Assistant Principal Michelle Wallis and a number of other staff members.

School Photos - Friday 17th February

School photos will be taken on Friday, 17th February and all families should receive their student's package for school photos by the end of this week.

Remember that the money for the photos must be given to the photographers in the supplied envelope on the day of the photos and not handed in at the General Office.

Order forms for family portraits are available from the General Office. Family portraits will be taken at lunchtime.

Sports Carnivals

In the next few days students will be bringing home a permission form that covers both the Swimming (Monday 27th February) and Athletics (Wednesday 29th March) Carnivals. These are whole school events and ALL students are expected to attend. The cost of \$25 is for both events.

Those families who have applied for CSEF (Camps, Sports and Excursion Fund) may use this to pay the \$25 for the carnivals.

Please ensure that the signed Permission Form is returned promptly to the General Office with payment of \$25 by **Monday 20th February** to enable bus bookings to be finalised.

Please note that attendance at these events is compulsory and refunds cannot be made as the buses and venue hire do not refund the College for students who do not attend on the day.

Students who do not attend either event without a valid reason will be required to attend school on a future pupil free day.

Uniform

We have now concluded our 2 year transition period into the new uniform. ALL STUDENTS SHOULD NOW BE WEARING THE NEW UNIFORM. For your convenience the College has a campus uniform shop that is open every Tuesday and Thursday during the term from 3.15pm - 5pm.

In conclusion, as we embark on another challenging, stimulating year I encourage all students to become involved in many different aspects of school life, which will enhance their learning experiences and provide wonderful lifelong memories.

Mario Panaccio Principal

Year 7, 2017

There had been a positive start to 2017 by our new Year 7 students.

It has been great to welcome our new Year 7 students into Macleod with a two day transition program. This has given the students some time to settle into Secondary school before starting their curriculum timetable.

The students have been involved in a range of activities to help support and socialise them into school. We had the great opportunity to have Janet Etty Leal a Mindful educator for children to provide a mindful life skill program for the day, as well as other activities such as Rock and water program, Positive Education and ICT.

A great start to 2017, we look forward to taking the Year 7 students on camp transition from Monday 13th - Wednedsay15th February.









Michelle Wallis - Assistant Principal

Second-Hand Uniform Shop

The Second-Hand Uniform Shop operates every Thursday afternoon from 3 til 3.30pm. It is situated in A block, up the stairs from the entrance way to the Office from the carpark. It is run by a few dedicated volunteers. We are really keen to have some new style second-hand uniform to sell. Remember that we sell on consignment: the owner of the uniform gets 70% of our selling price (which is determined by the quality of the item, usually half the new price), and the school keeps 30%. We process our sales several times a year and the amounts owed are deposited directly into your bank account.

Please fill out a form with all your details and the items you are selling. These are available at the office and there is one printed in this newsletter. And we are always happy to accept donations as well – just drop them off at the school office.

Currently we have lots of shorts and trousers, but mostly secondary student sizes, including some extra large. We also have a lot of the old-style spray jackets that are still acceptable as sports jackets. We are selling these at half the ticketed price, so come and get a bargain!

A member of Heidelberg Rotary Club will be collecting our stock of old style uniforms next Thursday, to be sent overseas to communities in need. If you still have some old-style items in good condition that you would like to donate, please drop them off at the Office before then.

If anyone is interested in becoming involved with the Second-hand uniform shop, I would love to hear from you! More helpers are needed as we lost one last year and some of our current volunteers do not have children at the school anymore.

Cathie Clarke - Ph: 9459 2278

Year 7 & 12 Breakfast

Last Thursday the Year 12 students welcomed the Year 7 students with a breakfast in the IMPACT Centre.





SRC Corner

It's going to be an exciting year for student leaders at Macleod College and it all kicked off this week as all secondary and primary leaders were involved in a two period planning session.

The leaders discussed what it means to be a good leader, getting to know each other and choosing their focus groups for the semester. Students will be involved in improving areas of the school, fundraising and awareness and student lead activities.

This year our student leaders will also team up with staff on School Focus Working Groups (SWFG's), as we believe it is vital to involve students in conversations about where Macleod College is heading and what needs to change or improve.

If any members of the community would like to make suggestions or submissions to the Macleod College Student Leadership Team please email me at har@macleod.vic.edu.au

Health Hot Spot

Macleod College is putting a ban on energy drinks inside the school as they are detrimental to the wellbeing of our students and make it difficult to learn.

Some energy drinks are the equivalent of 8 coffees and contain up to 80 grams of sugar, which is more than double the recommended daily amount.

Energy drinks increase heart rate and blood pressure and can cause nausea, heart palpitations and anxiety.

We strongly encourage parents/carers to discuss the dangers of consuming energy drinks at home and discourage students from purchasing them.

A great alternative is water! It removes toxins from the body, increases energy and boosts your immune system. And the best this is, it is free!

Bree Harris - Positive Education Leader / Student Leadership Coordinator

Compass Website Change

Compass has changed the domain name we use to https://macleod-vic.compass.education

Please update any favourites or bookmarks you may have to our Compass site.

2017 Pupil Free Days

Please note the following pupil free dates for 2017 have been approved by College Council:-

TUESDAY 18th April STAFF PROFESSIONAL

DEVELOPMENT

FRIDAY 16th June CORRECTION DAY

MONDAY 17th July STAFF PROFESSIONAL

DEVELOPMENT

MONDAY 9th October CURRICULUM DAY

MONDAY 4th December 2018 PLANNING DAY



Macleod College Canteen - Primary

MANAGED BY ELITE CATERING GROUP (www.elitecatering.com.au)

CANTEEN WILL ONLY BE OPERATING ON WEDNESDAY'S, THURSDAY'S & FRIDAY'S

PLEASE SPECIFY IF YOU REQUIRE HALAL

COLD FOOD

SANDWICHES

VEGEMITE	\$3.00
CHEESE	\$3.50
VEGEMITE & CHEESE	\$4.00
HAM ← CHEESE	\$4.50
EGG * LETTUCE	\$5.00
CHICKEN + SALAD	\$5.00
HAM + SALAD	\$5.00

SALADS

GREEK SALAD	\$5.00
CHICKEN SALAD	\$5.50
GARDEN SALAD	\$5.00
FRESH FRUIT SALAD	\$4.00

DRINKS

WATER	\$2.50
CHOCOLATE MILK	\$3.00
STRAWBERRY MILK	\$3.00
APPLE JUICE	\$3.50

HOT FOOD

DIM SIMS STEAMED	\$1.00
HASH BROWNS BAKED	\$1.00
CHICKEN BREAST NUGGETS	\$1.00
GREEK HERB CHICKEN SKEWER	\$3.00

CHICKEN SOUVLAKI WITH \$6.50 TZATZIKI, TOM, ONION + LETTUCE

GREEK SPANAKOPITA	\$4.00
HOT DOGS	\$3.50
LARGE BEEF PIE	\$5.00
NACHOS	\$4.00
GRILLED CHEESE SANDWICH	\$4.00
GRILLED HAM & CHEESE	\$4.50
PASTA CARBONARA (BACON)	\$4.00
PASTA NAPOLITANO	\$4.00
MARGARITA PIZZA	\$4.00

TOM SAUCE

SOY SAUCE

LUNCH BAG

YUMMY TREATS !!! ITEMS ALTERNATE DAILY

SOLD ONLY OVER THE COUNTER

CANTEEN WILL BE OPEN AT RECESS AND LUNCH FOR OVER THE COUNTER PURCHASES MON, WED & FRI.

AVAILABLE TERMS 1,2,3 & 4

MINI MUFFINS	.50c
VANILLA PIKELETS	.50c
FRESH FRUIT WHOLE	\$1.00
HONEY JOYS	\$2.00
BANANA LOAF	\$2.00
JELLY	\$3.00
LARGE MUFFINS	\$3.50

ONLY AVAILABLE IN TERM 1 & 4

FROZEN PINEAPPLE	\$1.00
FROZEN WATERMELON	\$1.00
LEMONADE ICY POLES	\$2.00





Mac CAFÉ Menu - Secondary

.50C

.50C

.10C

MANAGED BY ELITE CATERING GROUP (www.elitecatering.com.au)

CANTEEN WILL ONLY BE OPERATING ON WEDNESDAY'S, THURSDAY'S & FRIDAY'S

PLEASE SPECIFY IF YOU REQUIRE HALAL

COLD FOOD

SANI	DWIC	CHES
HAM		HEESE

CHICKEN + SALAD HAM + SALAD WRAPS VARIETY	\$5.00 \$5.00 \$5.50
SALADS GREEK SALAD CHICKEN SALAD GARDEN SALAD	\$5.00 \$5.50 \$5.00
FRESH FRUIT SALAD	\$9.00
DRINKS WATER	\$2.50

NEW DISHES ADDED ALL THE TIME

\$3.00

HOT FOOD

DIM SIMS STEAMED	\$1.00
HASH BROWNS BAKED	\$1.00
FRIED RICE	\$4.00
GREEK HERB CHICKEN SKEWER	\$3.00
CHICKEN SOUVLAKI WITH TZATZIKI, TOM, ONION & LETTUCE	\$6.50
CHICKEN NOODLE STIR FRY	\$4.00
CHICKEN PARMA FOCACCIA	\$3.50
GREEK SPANAKOPITA	\$9.00
HOT DOGS	\$3.50
LARGE BEEF PIE	\$5.00
NACHOS	\$4.00
GRILLED CHEESE SANDWICH	\$4.00
GRILLED HAM + CHEESE	\$4.50
PASTA CHANGES EVERYDAY CARBONARA, NAPOLITANO, MACARONI AND CHEESE.	\$4.00
PIZZA CHANGES FREO/JENTLY	\$9.00

YUMMY TREATS !!! ITEMS ALTERNATE DAILY

SOLD ONLY OVER THE COUNTER

CANTEEN WILL BE OPEN AT RECESS AND LUNCH FOR OVER THE COUNTER PURCHASES MON, WED & FRI.

AVAILABLE TERMS 1,2,3 & 4

MINI MUFFINS .50c

VANILLA PIKELETS .50c

FRESH FRUIT WHOLE \$1.00

HONEY JOYS \$2.00

BANANA LOAF \$2.00

IELLY \$3.00

ONLY AVAILABLE IN TERM 1 & 4
FROZEN PINEAPPLES \$1.00
FROZEN WATERMELON \$1.00
LEMONADE ICY POLES \$2.00

STARTING SOON !!!!

ENQUIRE ABOUT OUR HOME COOKED MEALS
info@althroaduring come au



CHOCOLATE MILK STRAWBERRY MILK

APPLE JUICE



DISHES ALTERNATE EVERYDAY

Careers

Simulated UMAT Day 2017 - MELBOURNE - 11 February 2017, 9am - 5.30pm

If any students who are in years 10, 11 or 12 and are considering a career in medicine, dentistry, or optometry, they will need to sit a compulsory entry exam known as UMAT (Undergraduate Medicine and Health Sciences Admission Test) before they can apply for relevant placements in the above fields with universities.

While the Simulated UMAT Day is extremely beneficial for year 12 students, who will be attempting the real UMAT on the 26th of July 2017, this workshop is also highly recommended to anyone in years 10 - 11 and aiming for a head start in UMAT preparation.

Every year, students from years 10, 11 and 12 mention to us that they wished, they had known about the UMAT NIE workshop before attempting the real UMAT, and also before year 12 commenced.

Students in Years 10, 11 and 12 interested in medicine, dentistry, or optometry will need to sit the compulsory UMAT (examination) when applying for one of the above career choices.

On the 11th of February 2017 (9am-5.30pm) The National Institute of Education (NIE) will be conducting a full day UMAT preparation workshop. Places are strictly limited. All details are available via www.nie.edu.au

The workshop includes an overview of the entire UMAT process - exam, scores, standardizing, applications, university requirements, interviews, past experiences, professional advice, performance expectations, and more.

Each student is individually assessed and fine-tuned for peak performance. Strategic problem solving and tuition in each UMAT construct, and of course medical interviews (MMI and structured panel).

The workshop will be conducted by highly experienced and expert lecturer who will define and explain each UMAT construct. A full practice test conducted under exam conditions, followed by marking and feedback session.

This intense full day preparation workshop allows students to identify and explore their true strengths and weaknesses in relation to UMAT-readiness.

Cost: \$289 (food and refreshments will be provided)

Mill Park is offering Cert II VET Dance, both 1st and 2nd Year, on Wednesdays from 1.30-5.00, starting next week. The RTO is Ausdance (cost unknown at this point). If interested please email or come and see Ms Pilioglou in Careers Pilioglou.julie.j@edumail.vic.gov.au

STRUCTURED WORK PLACEMENTS

NOW IS THE TIME!! There have been hundreds of new SWL and SBAT opportunities loaded onto the Vacancy Portal over the summer.

Please ask your VET / VCAL students to check out their options and apply online ASAP.

http://workplacements.education.vic.gov.au/

Here's a small example of the local vacancies on offer. **Festival Assistants**

Multiple opportunities across various events during 2017. Check out W103192 (November), W103191 (September) and W103220 (March)

Media and Marketing

Spend a week exploring and developing media content based in a local Creative Arts facility – W103188 (May)

Business Admin SBATs – Immediate Start

Training in Heidelberg on Wednesdays, with various workplace options available in the area (Heidelberg, Greensborough, Bulleen, etc.) Check out W102387 or W10377.

Contact Janine or Kathryn at e-focus (9450 5700) for other workplace options not currently listed on the portal

Sport / Rec in Greensborough

Various one-week blocks available, but filling fast W101878 (Feb) then click on "Similar Opportunities" to see which other weeks are available

Please feel free to contact me with any queries or concerns. Here's to positive pathway opportunities -

Careers Department - Ms Pilioglou

Student Managers

Assistant Principal (Years 7 - 12)
Michelle Wallis

Prep - Year 6 Leader Karen Butterworth

VCE & Year 12 Student Manager Swati Julka

Year 11 Student Manager Bill Corbett

Year 10 Student Manager Kristine Schreiber

Year 9 Student Manager Clayton Zammit

Year 8 Student Manager Diane Dolly

Year 7 Student Manager Fabiano Nigro

Sub-team Leader 5 - 6 Anne Hillman

Primary Classes

Prep/1 Jessica Cole

Grade 1/2 Bruna Pipolo/Lauren Auchettl

Grade 3/4 Sylvia Petrovska/Lauren Auchettl

Grade 4/5 Karen Butterworth

Grade 5/6 Anne Hillman

Grade 5/6 Nick Cameron

Wellbeing

Wellbeing Leader - Royce Light School Nurse - Jackie Weepers

Student Wellbeing & Support - Raelene Eshun



Study without Stress workshops

Are you studying VCE in 2017?

Do you want to learn some practical skills and strategies to manage study stress?

Headspace Greensborough are holding a series of FREE workshops on how to manage stress and anxiety around study load and expectations during VCE..

Workshop topics will include:

- · Tips for studying productively
- Dealing with avoidance and procrastination
- Practical stress management strategies
- · Tips for looking after yourself

When:

Thursday 23rd February, 2nd & 9th March

Time:

4pm-5:30pm

Where:

headspace Greensborough; Level 1, 78 Main Street Greensborough

Contact:

Spaces are limited so book in early by contacting headspace Greensborough on 9433 7200







Looking for a creative outlet in a relaxed and friendly environment?

headspace Greensborough's I Made Art workshops are open to young people aged 12—25 years. No artistic experience is necessary and all workshops are FREE!



When: Each Monday

Time: 3:00pm — 4:30pm

Where: headspace Greensborough; Level 1, 78 Main Street

भ्य headspace

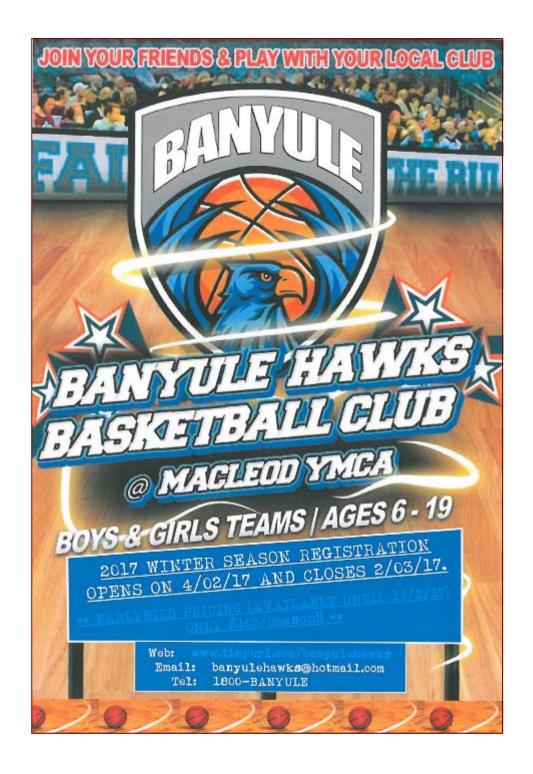
Greensborough

Contact:

For more information contact headspace Greensborough on 9433 7200.



headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health under the Youth Mental Health Initiative





Parent information evening

Topic:

Meet headspace Greensborough

Come along to our monthly parent information evening to find out about the services & supports available at headspace Greensborough.



When: Tuesday 14th February, 6:30pm—8:00pm

Where: Headspace Greensborough, Level 1, 78 Main Street Greensborough.

Contact: Spaces are limited so book a spot early by contacting headspace Greensborough on 9433 7200.

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health under the Youth Mental Health Initiative



TO FIND OUT MORE ABOUT PLAYING

ANNA NICHOLS AT JUNIORDIRECTOR@ELTHAMLACROSSECLUB.COM.AU O BELINDA SMITH AT JUNIORDIRECTORGIRLS@ELTHAMLACROSSECLUB.COM.AU



Sunday 5 March



Get out on the water with Olympians and hear their stories.

This is a free event with coaches from all areas of canoeing here to share their skills and stories on what they have achieved.



This event is for any age & ability

Special Guest Jessica Fox

(Olympian Bronze Medalist, Rio)

& many more!!



For more information go to www.vic.canoe.org.au



((()MELBOURNE Canoe Club





All equipment provided by Canoe Victoria and local clubs. Fully Qualified Coaches



Reunion Hall Live Music **All Age Rides** Stalls Food Activities **Sideshows**

celebrations

Interlaken Pde, Rosanna



Macleod Preschool Open Day Saturday 25th February 2017 9am - Noon

- Learn about our 3 & 4 year old
- A great morning of exploration and fun activities for the kids.
- Meet our caring educators.
- Tour our facilities including two outdoor play areas.
- Connect with other families in your area.

Birdwood Avenue, Macleod 9457 6284

