### Macleod P - 12 College



P - 6 Leader Karen Butterworth,
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As of this term the Primary Bulletin will only be available electronically.

Parents are already receiving notification via COMPASS with the link to the bulletin.

Printed copies of the bulletin will still be available at reception.

#### Parent Teacher Interviews – Wednesday 9 May

The parent teacher interviews will run from 1pm until 5pm and then from 6pm until 7.50pm. Given that this is a variation to regular teaching hours no classes will be held on this day. Bookings are available on COMPASS now until 9am 9 May.

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Wednesday 9 <sup>th</sup>	1pm - 5pm & 6pm - 7.50pm	STUDENT/PARENT/TEACHER INTERVIEWS (No classes, students are to attend interview with parent)
Friday 11 <sup>th</sup>		4/5/6 Interschool Sport 3/4 Gymnastics - YMCA
Tue 15th - Thu 17th		Year 3, 5, 7 & 9 NAPLAN
Wednesday 16th	6.15pm	College Council
Friday 18 <sup>th</sup>		4/5/6 Interschool Sport 3/4 Gymnastics - YMCA
Mon 28th - Wed 30th		Year 5/6 Camp
Friday 25 <sup>th</sup>		4/5/6 Interschool Sport 3/4 Gymnastics - YMCA

#### **June**

Friday 1st		4/5/6 Interschool Sport 3/4 Gymnastics - YMCA
Friday 8 <sup>th</sup>		4/5/6 Interschool Sport 3/4 Gymnastics - YMCA
Monday 11 <sup>th</sup>		Queens Birthday Holiday
Friday 15 <sup>th</sup>		4/5/6 Interschool Sport 3/4 Gymnastics - YMCA
Wednesday 20th	6.15pm	College Council
Friday 22 <sup>nd</sup>		PUPIL FREE - REPORT DAY

#### P - 6 Leader's Report

It was so lovely this week to be welcomed back by staff, students and parents when I returned from leave. As great as it was to enjoy a good holiday, it always occurs to me when I am travelling, how lucky we are to live in such a safe, clean and beautiful country. It certainly brings life into perspective.



#### **Transition to Winter Uniform**

This is the time of year when students move into wearing winter uniform. We would like all students to have changed over by the end of week 4.

Of course, if you have items of uniform on order through the uniform shop we understand. Below is the list of uniform items for Primary students.

#### WINTER UNIFORM PRIMARY

Primary (outer garment to and from school must be primary college jacket)

- · College tartan skirt
- Grey College trousers
- · Long sleeved white shirt or white skivvy
- Skirts to be worn with black stockings or black socks, white socks over black stockings are not permitted.
- College Jumper
- · Primary Jacket

#### **Parent/Teacher Interviews**

Please ensure that you go onto Compass to book a time to meet with your children's teachers this week. These will be held on **Wednesday 9<sup>th</sup> May**, commencing at 1:00pm through to 7:50pm.

It is a great opportunity to share their progress and touch base on any issues that need to be addressed at this time of the year, in order to support them. If you are unable to make it to speak to your child's teacher this coming week, please feel free to make another mutually suitable time.

This will be a pupil free day, however, students are expected to attend interviews with their parents so that they may be part of the discussions about their progress.

#### **Mother's Day Stall**

The PaFM will be running their annual Mother's Day Stall next week on **Thursday 10<sup>th</sup> and Friday 11<sup>th</sup> May**. This year the stall will be set up in the STEAM room for the children to purchase gifts. Gifts will be priced from \$1.00 - \$10.00. Siblings will have the opportunity to show each other what they have purchased to prevent double ups.

Please send money with the children on either of these days so they can purchase a gift for their Mums. If you can send along a plastic or shopping bag for them to carry their gifts in, that would be appreciated.

#### **ICAS Testing**

Next week the 2018 ICAS tests begin with Digital Technologies. These are offered to students from Year 3 and above every year and give children the opportunity to stretch themselves academically and rate themselves against children in the Asia Pacific region.

#### **Head Lice – Check your child regularly**

Please be vigilant about checking your child's hair, as head lice are transmitted by having head to head contact with someone who has head lice. You may be reassured to know that head lice are commonly found in places other than at school. Head lice are common in school-aged children and are the most adaptable of creatures. They have survived living solely on humans for 10,000 years!!!!

If you do encounter head lice or eggs please treat them quickly. There are a number of products on the market you can use. I found a vinegar solution sprayed onto the hair and left for at least half an hour before washing out to be most effective. It may sting the scalp a little though.

#### **Year 3/4 Gymnastics Program**

This Friday the Year 3/4 students began their gymnastics at Macleod YMCA. This year the children will participate in intensive gymnastics sessions with the great coaches provided by the YMCA. We are very fortunate to be able tap into this local program just over the railway line from us. I know the children will enjoy themselves at this program.

#### 2018/2019 Tours

We are currently conducting a number of school tours for prospective families. If you know of a neighbour or someone who is looking at schools for their child, please recommend us to them and ask them to ring the school office to book in for a tour.

We recommend that people come for a visit during school hours, so that they can see the school in action.

The dates for this term are as follows: Thursday 10<sup>th</sup> May – 10:00am and 3:30pm Friday 1<sup>st</sup> June – 11:30am Thursday 7<sup>th</sup> June – 10:00am and 3:30pm Wednesday 13<sup>th</sup> June – 12:00pm Friday 15<sup>th</sup> June – 11:30am

Have a great week,

## Karen Butterworth P - 6 Leader

#### **Second-hand Uniform**

The Second-Hand Uniform shop will be open on Wednesday 9<sup>th</sup> May during the Parent/Teacher interview times (1-5pm, 6-7.45pm). We do not have a large amount of stock but come and see if we have your size in whatever you need.

We have quite a few large sizes of skirts, trousers and blazers. It would be great to have more items to sell, so please send in those uniforms that have become too small and they can be sold to someone else.

The form for selling items is included in this newsletter, so fill it in (especially the bank details so we can deposit your money when the item is sold) and drop off the uniform to the office; they will pass it on to me. Thank you!

#### Cathie Clarke 0411 883 904

PS: New helpers most welcome!

Naa's Natter

Hi everyone, Today I am going to be talking about my favourite sport Netball. Netball is a sport played in two teams made of seven. Netball is just like basketball except bouncing the ball is not allowed, and you are not allowed to walk/step with the ball.

There are 7 positions C centre, WA wing attack, WD wing defence, GA goal attack, GD goal defence, GK goal keeper and GS goal shooter. If a shooter tries to shoot the ball but misses the hoop without it touching. Then the shooter has wait until another player touches the ball first or until the ball bounces before she/he can touch the ball again.

A player can only hold the ball for three seconds - if held for longer that is considered as-held ball. You can't step with the ball if you do it is considered as - stepping. When defending, a player must be 3 feet from the player with the ball if not it is considered as - obstruction. A player can't bounce the ball to her/himself if that does happen it is considered as a - replayed ball. A player may not hit/push another player if this does happen it is called - contact.

A player can't enter a part of the court where his/her position is not allowed if this does happen it is called – offside. When shooting or defending, a player can't use the pole as support if this does happen it is a - free pass to the other team. I enjoy playing Netball because it helps my fitness, it's fun and teaches me new skills.

THANKS for Reading



#### **Fine Motor Skills**

#### What are fine motor skills?

Fine motor skills involve the use of the small muscles in the hand. Fine motor skills are very important, not only in your child's school life, but also for their daily functioning as well. Tasks such as writing and using classroom objects, dressing, using cutlery, playing games and opening lunch boxes all require fine motor skills for success.

#### What can I do to help?

Engaging in 15 minutes of fun fine motor activities every day can help your child to strengthen their hand muscle strength and further develop their fine motor skills.

The following activities can be helpful for children:

- Drawing or colouring in (work with your child's interests)
- Playing with playdough
- Using Lego or other building blocks regularly
- Scrunching up newspaper into small balls is great for strengthening hand muscles.
- Using tongs or tweezers to pick up small objects
- Using a spray bottle to water plants
- Cooking kneading bread, grating vegetables, juicing an orange or lemon
- Threading beads onto a string
- Games which require dealing cards such as Uno or Snap

Encourage your child to try everyday tasks themselves, such as doing up buttons or zips, peeling mandarins or opening containers, before offering to help them.

#### For further information:

- Discuss any concerns with your child's fine motor skills with your teacher.
- Contact the Visiting Primary School Nurse Sue Hodges
- hodges.sue.a@edumail.vic.gov.au
- Discuss your concerns with your GP who may recommend an Occupational Therapist
- Visit <u>www.rch.org.au/ot/information\_sheets/Kids\_health\_information/</u> for information sheets from the Royal Children's Hospital



Sources: Compiled April 2018, by Amanda Furber, DET Visiting Primary School Nurse Royal Children's Hospital. (2005). *Occupational Therapy – Hand and finger strength*. Retrieved from: <a href="https://www.rch.org.au/uploadedFiles/Main/Content/ot/InfoSheet E.pdf">https://www.rch.org.au/uploadedFiles/Main/Content/ot/InfoSheet E.pdf</a>

Royal Children's Hospital. (2005). *Occupational Therapy – Developing a pencil grip*. Retrieved from: https://www.rch.org.au/uploadedFiles/Main/Content/ot/InfoSheet E.pdf

Kid Sense. (2018). Fine Motor Skills. Retrieved from: <a href="https://childdevelopment.com.au/areas-of-concern/fine-motor-skills/">https://childdevelopment.com.au/areas-of-concern/fine-motor-skills/</a>



Sustainable Macleod & the



#### This week's offer

#### Tip of the Week

Pomegranates and figs are ripening beautifully at this time of year but must ripen on the tree (they do not continue to mature once picked). How do you know when they are ready? In the case of pomegranates, look for split skins. Once this happens to a few on the tree, all will be ready. In the case of figs, look for wilting of the stem and give a gentle squeeze for softness. Note that pomegranates and figs that look like they are ready by colour often still have a way to go

#### **Real Time Events**

- ☐ Transition to a Safe Climate: Friday 4 May at 7pm with keynote speaker Ian Dunlop
- □ Pizza evening following Transition to a Safe Climate conference 5 May starting around 5.30 6pm at MOCGs
- □ Community Day at the Garden Saturday 5 May 1pm 5pm. Afternoon tea at 3pm. Please bring some food to share.

#### In the Community Garden



It's berry time at Sustainable Macleod Community Garden!

The Macleod Organic Community Garden is open Wednesdays, 1 – 3pm and Saturdays, 1 – 5pm Entrance Somers Ave (Rear of Macleod College)

New members welcome!

For more information, contact sustainablemacleod@gmail.com



# Mother's Day Stall

Presented by the Parents and Friends Committee

10<sup>th</sup> and 11<sup>th</sup> May Bring your money on the Thursday for the widest variety!

> For all Primary and Year 7 & 8 students Gifts from 50c - \$10



